

# Pioneer Cyclo-Sphere Control (Free Apps)

By pairing your Pioneer GPS cycle computer with Pioneer Pedaling Monitor Sensors, you can customize the display and visualize your pedaling technique. For initial setup, the wizard includes user settings, sensor connections, Wi-Fi settings, page set selections, map management, notification settings, and more. All settings are reflected in real time when connected via Bluetooth Low Energy.

Log data saved on your cycle computer can be transferred to your Cyclo-Sphere account via Bluetooth Low Energy transmission. If you use Cyclo-Sphere's web transfer function you can automatically transfer rides to other services such as Strava and TrainingPeaks. Transfer training menu's and Ride with GPS routes from Course Data, Live Segments Data, TrainingPeaks and Strava. Transfer FIT and TCX files from other cycling applications. Receives notifications of phone calls, e-mail, and text messages. Improve tracking with A-GPS location services. Force Vectors display in real time and can be graphically displayed on a larger screen as an effective indoor training tool.

Compatible with;

- SGX-CA600 GPS Cycle Computer

- SGY-PM930H, SBT-PM91/80 Series, SBT-PM9100C Kit
- SBT-LT91/80 Series, SBT-PMLTC Kit, SBT-PMRTC Kit



### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/cyclo-sphere-control/id1435124149



#### **Google Play Store (Android users)**

https://play.google.com/store/apps/details?id=jp.pioneer.cyclesports.devicecontrol

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# Pioneer Cyclo-Sphere Analysis (Free Apps)

Self skill analysis can be seen own improving or problem more simply by "comparing" at a glance.

- · Automatically extract and analyze relevant data under conditions such as section, time, power, cadence.
- · You can compare two workout data by selecting from the extracted data.
- · By comparing, it becomes easy to set your goals for the next race and training such as your growth, achievement degree and pace distribution.
- Since pedaling data under the same conditions are displayed from enormous data, comparison can be confirmed and it is effective for skill improvement training on pedaling.

#### Features

"Segment"

Section segment

Optimal analysis for course capture

This will list the data of the section that always runs.

• MMP segment

Automatic detection of short-time high intensity power

Average maximum power data list by unit time

Smart segment

Optimal target for clear training, overcoming weak points

Comments of the riding condition, situation, or mean of special case can be stored for each days, and these will indicate with data which you picked as a workout or segment you want to know.

This is the best solution to be faster and have long distance.



#### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/cyclo-sphere-analysis/id1268906683





Ride with GPS: making it easy, safe, and fun for cyclists to go on great rides worldwide. It also works as a great partner with Pioneer SGX-CA600 computer. Apps will sync in background your saved routes in a way to let you have these automatically uploaded to your Pioneer cycle computer.

One press and you're off riding, Get detailed elevation data, Share your rides in real time, Access your club, event, or tour routes, Cue sheets and POIs, Photo GPS integration.

This app integrates with the Health app via HealthKit.



**AppStore (iPhone/iPad users)** <u>https://itunes.apple.com/ca/app/ride-with-gps-bike-computer/id893687399?mt=8</u>



**Google Play Store (Android users)** https://play.google.com/store/apps/details?id=com.ridewithgps.mobile



## EasyRoute

EasyRoute is a route planner for outdoor activities like running, biking and walking. Simply tap the places you want to go along the way. It will follow roads and paths while also providing the freedom to route directly where you touch.

You can use EasyRoute for all of the following:

• Plan biking, running or walking routes while customizing them to be both enjoyable and safe. You can simply tap your start and destination points, or tap roads or paths you'd prefer to use along the way. You can drag the route to customize it as well.

• Let it guide you through the route. It works equally well in the background so you can use it alongside any of the great workout tracking and analysis apps in the App Store, including the built-in workout app.

- Customize the directions by adding, editing or removing instructions.
- Share routes with others or export them to your bike computer -- works great with the SGX-CA600 ;)
- Enable iCloud to make routes on your iPad and sync them to your iPhone



### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/easyroute/id605127860?mt=8



Track your fitness activity with Strava. Record your run, map a cycling route & analyse your training with all the stats - for free!

Whether you're training for a marathon or simply love taking your bike out for a ride, turn your smartphone or GPS watch into a sophisticated tracker with Strava. Join millions of athletes and active people and reach your fitness goals!

#### 3 Ways to Train Smarter with Strava

TRACK & ANALYSE: Get key stats like distance, pace, speed, elevation gained & calories burned NEW ROUTES & MAPS: Mix up your training with the world's largest trail network CHALLENGE & COMPETE: Push yourself with monthly Challenges & compete with others



### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/strava-run-ride-swim/id426826309?mt=8



### Google Play Store (Android users)

https://play.google.com/store/apps/details?id=com.strava



## **Training Peaks**

TrainingPeaks is the perfect fitness app for triathletes, cyclists, runners, from beginner to elite. Whether your goal is to complete an IRONMAN, run a half marathon, or finish a Gran Fondo, our app will help you achieve your best result.

### **Monitor Your Training:**

- Access all of your workouts while on the go
- Track your fitness progress with easy to use charts and graphs
- Keep track of your training stats like power, speed, distance, and more
- Add metrics like weight and sleep to get a full picture of your training
- View time spent in training zones for power, heart rate, and pace for every workout
- See peak values for every workout and over time
- Track equipment usage

#### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/trainingpeaks/id408047715



#### **Google Play Store (Android users)**

https://play.google.com/store/apps/details?id=com.peaksware.trainingpeaks



Ride and run in the real world and power your avatar across our virtual worlds. Download Zwift to your supported device, then pair up your Bluetooth enabled bike trainer, cycling power meter, footpod, or supported treadmill and get going.

- Try a workout from our library of training plans, world-class workouts, or create your own
- Climb an epic mountain, sprint through central London, or sweat through intervals in an Italian villa
- Participate in group rides, runs, workouts or races -- over 200 events a day
- Train, ride, run any time. Your time, your pace, your place.

#### GO UNLIMITED:

• Zwift monthly subscription lets you ride as much as you want. Prices may vary from country to country. You can subscribe and pay through your iTunes account, and your subscription will automatically renew unless cancelled at least 24 hours before the end of the current period.



#### AppStore (iPhone/iPad users)

https://itunes.apple.com/us/app/zwift/id1134655040?mt=8



### Google Play Store (Android users)

https://play.google.com/store/apps/details?id=com.zwift.zwiftgame



## Zwift Companion

The Zwift Companion App is the perfect companion to Zwift. Stay connected when you're on the go. Pair it with your computer over the same Wifi network and use it as a Zwift game controller when you're riding.

HOME SCREEN, EVENTS, ACTIVITY FEED, GOALS, MAP, WORKOUT, TEXT MESSAGING, DASHBOARD ACTIONS, APPLE WATCH, ZWIFTERS NEARBY, DONE ZWIFTING



AppStore (iPhone/iPad users) https://itunes.apple.com/us/app/zwift-companion/id934083691



**Google Play Store (Android users)** https://play.google.com/store/apps/details?id=com.zwift.android.prod